

Middle

OCTOBER 2023

LIFETIME FOUNDATION



MON TUE WED THU FRI

<p>2 Turkey Sausage Breakfast Burrito</p> <p>Beef Strips Dinner Roll Mashed Potatoes & Gravy</p>	<p>3 Fruit & Yogurt Parfait Granola w/ Walnuts</p> <p>Walking Taco</p>	<p>4 Hummingbird Muffin String Cheese</p> <p>Chicken Corn Dog Baked Beans</p>	<p>5 Chorizo Con Papas with Tortilla</p> <p>Chicken Patty Sandwich Tater Tots</p>	<p>6 Cinnamon Roll</p> <p>Homemade Pepperoni, Cheese, & Veggie Pizza</p>
<p>9 10 11 12 13</p> <h1>Happy Fall Break</h1>				
<p>16 Oatmeal Chocolate Breakfast Bar</p> <p>Mexican Street Corn Pizza</p>	<p>17 Fruit & Yogurt Parfait Granola w/ Walnuts</p> <p>Spaghetti with Marinara</p>	<p>18 Blueberry Muffin String Cheese</p> <p>Chicken Tinga Tacos</p>	<p>19 Fruit & Yogurt Smoothie Graham Crackers</p> <p>Picadillo</p>	<p>20 Breakfast Bagel Sandwich</p> <p>Black Bean Chili Cheese Tots</p>
<p>23 Bagel & Cream Cheese</p> <p>Chicken Quesadilla Cheese Quesadilla Pinto Beans</p>	<p>24 French Toast Yogurt Parfait</p> <p>Rotini & Meat Sauce Roasted Baby Carrots</p>	<p>25 Cranberry Orange Muffin String Cheese</p> <p>Popcorn Chicken Dinner Roll Pozole Soup</p>	<p>26 Turkey Sausage Biscuit Breakfast Sandwich</p> <p>Pull Apart Breadsticks Homemade Marinara Peaches</p>	<p>27 Mini Waffles</p> <p>Fish Tacos Oven Fries</p>
<p>30 Oatmeal Chocolate Breakfast Bar</p> <p>Chicken Tamale String Cheese Pinto Beans</p>	<p>31 Fruit & Yogurt Parfait Granola w/ Walnuts</p> <p>Breakfast for Lunch Hash Browns Pears Halloween Treat</p>	<p>In October we celebrate National School Lunch week! Be sure to check out our special menu Oct 16th-20th.</p> 		




ANNOUNCEMENTS

Daily Breakfast
 Breakfast Special
 Assorted Cereal
 Seasonal Whole Fresh Fruit
 100% Fruit Juice
 1% or Skim Milk

Daily Lunch
 Lunch Special
 Peanut Butter & Jelly Sandwich
 Rotating 3rd Lunch Entrée
 Seasonal Whole Fresh Fruit
 Garden Salad Bar
 1% or Skim Milk

Rotating 3rd Entrée
 Monday/Thursday
 Turkey Ham and Cheese Sub
 Tuesday/Friday
 Chicken Ranch Wrap
 Wednesday
 Large Garden Salad with Chicken

We serve a pork-free menu

 Vegetarian
  Fish
  Poultry
  Beef

October is...
 Hispanic Heritage Month
 Farm to School Month
 National Apple Month

October 16th-20th
 National School Lunch Week
 October 17th
 National Pasta Day

MEAL PRICES

Osborn Students:
 All at no cost

Adults/Visitors:
 Breakfast \$2.75 Lunch \$4.75
 Cash/Check Accepted

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020