

# Pre-K

# January 2024

# LIFETIME FOUNDATION



MON

TUE

WED

THU

FRI



## January is National Soup Month!

In chilly January, National Soup Month warms us up with a bowl of comfort. Make sure to come taste our homemade soups every Wednesday!



8 Bagel & Cream Cheese  
  
Chicken Drumstick  
Dinner Roll  
Steamed Corn  
Applesauce

9 Oatmeal Chocolate Breakfast Bar  
  
Chicken Meatballs with Marinara  
Cheesy Breadstick  
Steamed Broccoli  
Peaches

10 Oatmeal Apple Muffin String Cheese  
  
Grilled Cheese  
Tomato Soup  
Pineapple

11 Chicken Sausage Pancake Sandwich   
  
Bean & Cheese Totchos  
Spanish Rice  
Baby Carrots  
Mixed Fruit

12 Mini Waffles  
  
Homemade Cheese Pizza  
Bean Salad  
Strawberry Cup

15   
**MARTIN LUTHER KING, JR. DAY**  
I HAVE A DREAM

16 Oatmeal Chocolate Breakfast Bar  
  
Teriyaki Chicken with Brown Rice  
Roasted Broccoli  
Pears

17 Banana Chocolate Chip Muffin String Cheese  
  
Chicken Nuggets  
Dinner Roll  
Minestrone Soup  
Peach Cup

18 Cinnamon Bun  
  
Chili Cheese Nachos  
Black Beans  
Mixed Fruit

19 Turkey Sausage Pancake Wrap   
  
Cheeseburger  
Oven Fries  
Applesauce

22 Bagel & Cream Cheese  
  
Beef Strips  
Dinner Roll  
Mashed Potatoes & Gravy  
Peaches

23 Fruit Yogurt Graham Crackers  
  
Homemade Cheese Pizza  
Baby Carrots  
Mixed Berry Cup

24 Hummingbird Muffin String Cheese  
  
Chicken Nuggets  
Chicken Noodle Soup  
Applesauce

25 Chicken Sausage Pancake Sandwich   
  
Walking Taco  
Steamed Corn  
Pears

26 Mini Waffles  
  
Chicken Patty Sandwich  
Tater Tots  
Strawberry Cup

29 Oatmeal Chocolate Breakfast Bar  
  
Cheese Quesadilla  
Pinto Beans  
Mixed Fruit

30 Chicken Waffle Sandwich   
  
Rotini & Meat Sauce  
Roasted Baby Carrots  
Applesauce

31 Blueberry Muffin String Cheese  
  
Popcorn Chicken  
Dinner Roll  
Pozole Soup  
Peaches

## ANNOUNCEMENTS

### Daily Breakfast

Breakfast Special  
Seasonal Whole Fresh Fruit  
or 100% Fruit Juice  
1% or Skim Milk

### Daily Lunch

Lunch Special  
Seasonal Whole Fresh Fruit  
Seasonal Vegetable  
1% or Skim Milk

Preschool will be served family style with their class to align with curriculum.



\*We serve a pork-free menu\*

## January is...

National Soup Month  
& National Oatmeal Month!  
January 14th - National Pizza Week  
January 15th - MLK Jr. Day  
January 19th - National Popcorn Day

## MEAL PRICES

### Osborn Students:

All at no cost

### Adults/Visitors:

Breakfast \$2.75 Lunch \$4.75

\*Cash/Check Accepted\*

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020